Herrenberg

Stand 01.11.2026

	Montag	Dienstag	Mittwoch	Donnertstag	Freitag	Samstag	Sonntag
10.30-11.45	MMA Grappling Sven	Kick-Thaiboxen Sven		MMA Sven	BJJ Patrick		
10.00-11.00						Kids 4y-11y Kickboxen Sean	
11.00-12-00						Kids 12y-15y Kickboxen Sean	
11:00-13.00							Kick-Thaiboxen Pavo
12:00-13.00						Kickboxen Sean	
13:00-14.00							
MITTAG							
14:00-15:00						Frauen Kampfsport Annabelle	
15.30-16.15	Kids 4y-6y Eagles Sven	Kids 4y-6y Eagles Sven	Kids 4y-6y Eagles Sven	Kids 4y-6y Eagles Diego	Kids 4y-6y Eagles Diego		
16.15-17.00	Kids 7y-11y BJJ Sven	Kids 7y-11y Kick-Thaiboxen Sven	Kids 7y-11y Karate Sven	Kids 7y-11y BJJ NoGi Diego	Kids 7y-15y MMA/Grappling Diego		
17.00-18.00	Kids 12y-15y BJJ Sven	Kids 12y-15y Kick-Thaiboxen Sven	Kids 12y-15y Karate Sven	Kids 12y-15y BJJ NoGi Diego	MMA/Grappling Diego		
18.15-19.15	MMA/Grappling LutaLivre Sven	MMA/Grappling LutaLivre Sven	MMA Sven	Kick-Thaiboxen Alex Sigaj	BJJ Diego		
18.30-19.45							
19.30-20.30	Kick-Thaiboxen Sven	Kick-Thaiboxen Sven	Karate Sven	Boxen Alex Sigaj	Kickboxen Meraj		
20.30-21.30	Wettkampftraining Sven						